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No : 9046/2023/EX GEN/B3/KUHS Date : 06-11-2026

Notice for PhD Open Defence/Viva-Voce

Name of the Candidate	ANILA PAUL
Reg. No.	PHD21D1185L
Thesis Topic	Effectiveness of a new exercise program on hand muscle strength, dexterity and function among persons with Type 2 Diabetes Mellitus
Faculty & Department	Allied Health Sciences & Muskuloskeletal and sports (Physiotherapy)
Date	27/11/2026 (Friday)
Time	11:00 am
Venue	Pareekshabhavan, Kerala University of Health Sciences, Thrissur.
Supervising Guide	Dr. Kumari Indira K S Professor, Dept. Of Respiratory Medicine, Sree Narayana Institute of Medical Sciences,Ernakulam
Institution	Medical Trust Institute of Medical Sciences, Kochi

All interested persons are welcome to attend.

Controller of Examinations

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KUHS,Thrissur