



KERALA UNIVERSITY OF HEALTH SCIENCES

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No : 16091/2022/Schools and centres/KUHS

Date : 20-06-2026

NOTIFICATION

School of Family Health Studies

M00C Certificate Program In “Young Adults Guidance and Counselling” (CYAGC-III)

School of Family Health Sciences, Kerala University of Health Sciences is organizing a Certificate Program in Young Adults' Guidance and Counselling (CYAGC-III) in M00C mode for the Teachers of institutions affiliated to the KUHS.

Objectives

At the end of the certificate program the participants would have a clear understanding of:

1. The professional procedures for initiating a counselling relationship.
2. A variety of counselling techniques.
3. The legal and ethical responsibilities of a counselling relationship.
4. To develop a conceptual understanding of the underlying interpersonal, emotional and cognitive changes that may affect the development and functioning of young adults.
5. The approaches to identify and assist young adults in need.
6. To screen for physical, mental and reproductive issues.
7. To identify scholastic problems early, deliver appropriate treatments at institutional level and refer on appropriately
8. To identify mental health problems early, deliver appropriate treatments at institutional level and refer on appropriately
9. To recognise reproductive health problems early, deliver appropriate treatments at institutional level and refer on appropriately
10. Effective communication skills



11. Understand the role and application of treatment progress monitoring.
12. Address different problem solving strategies and management techniques

Who are eligible?

- Faculty members of institutions affiliated to Kerala University Health Sciences, from all streams. They should have the KUHS Unique Faculty ID [FEP ID].
- Faculty members who have already registered for CYAGC III in 2023 are not required to register again (Ref: Notification No:16091/2022/Schools and centres/KUHS dated 14.11.2023.).

Duration of Program: 6 Months.

Mode of Class: Classes will be in online mode, in Moodle platform.

Course Fees: Nil

Number of Seats: Unlimited

Last Date of Registration: 25th July 2026.

Structure of a MOOC session:

It shall be conducted twice a month, in 12 Main Sessions making up a total of 12 days or at suitable intervals as decided by the KUHS from time to time. 100% attendance is mandatory

Each MOOC session will be following the below given pattern,

Pretest:

Video-1upto 6(maximum of 15 to 20 min duration), Reading Material, Voice Clip, YouTube Link, Free Article, Open Links

Post test:

Assignment – Preparing notes, preparing presentation on the topic and upload (text, photo, video, PPT),Online interactions and Online assessments (MCQs).

Criteria: Faculty [with FEP ID] will be considered. The application should be routed through the Principal. Direct application will not be entertained.

How to apply?

Log on to www.kuhs.ac.in

Certification





- 100% attendance is mandatory for course, assignments & assessments.
- No condonation of attendance will be permitted.
- E- Certificates will be issued only to the successful candidates.

For more details, contact: Dr. Anoop Kumar N, Associate Professor, School of Family Health Studies

Email: youngadulthealth.head@kuhs.ac.in Ph No.04952350070,9567507885.

Registrar

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<http://www.kuhs.ac.in>
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KUHS, Thrissur